

Dear Parent,

You have a busy life! Your child has a busy life!
Sometimes we all need a reminder to spend quality time with each other and to take the time to meet each other's needs. This coupon book is designed for you to give to your child so they can help you understand when they need you most! It is also designed to help you see that if you respond to your child's needs when he or she really needs you, not only will he or she benefit greatly, but you will have saved lots of valuable time by eliminating the amount of time you normally spend negotiating about when you will be available to him or her! Often the amount of time a child needs immediately from you is less than the time you will have spent on repeated interruptions.

Just give the book to your child and set some rules for it's use. We suggest letting your child redeem one coupon per day. There are 28 coupons included in this book. Feel free to create some of your own on the blank pages included! See what you can learn about communicating with each other better!

Best wishes in your parenting efforts!

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